

A Stephen Minister's Story
Focus On Ministry, June 26, 2018

One of our Stephen Ministers at Sunnyvale Presbyterian Church shared about her experience as a Stephen Minister:

Stephen Ministry has allowed me to get to know a person in this church in a deep and profound way. How seldom are we able to sit down with another person once a week and really discuss the deeper issues of life? How often can we freely pray with another person and include God in a meeting? I have been able to do this with my care receiver. In the Stephen Ministry relationship that is completely confidential, I developed a unique bond with the person with whom I visit. I knew this person before on a casual basis just to say hello. As I visited one on one every week for many weeks, the layers of this person unfolded to reveal a much more complex individual than I had known. It is a very special relationship that we formed as a result of our weekly visits with the freedom to explore whatever the care receiver chooses to look at. A special connection can be formed when a person can share those situations in their life that they often cannot open up about with family or friends. I consider it a privilege to have the opportunity to accompany a person through a situation in life and observe the person find the path that is right for themselves.