



**PRESBYTERIAN
DISASTER
ASSISTANCE**

OUT OF CHAOS, HOPE



Individual Volunteers should bring:

Bedding

- Sleeping bag
- Flat sheets (optional)
- Pillow
- Flashlight and extra batteries

Clothing

- Socks and undergarments
- Heavy work boots (**steel-toed shoes are highly recommended**)
- Leather or heavy duty work gloves/light cotton gloves
- Rain gear
- Hat, visor, bandana and /or sweatband
- T-shirts or work shirts
- Long-sleeve shirts
- Jeans or pants and shorts
- Pajamas
- Shower shoes and robe

Toiletries

- Toothbrush/toothpaste
- Soap/shampoo
- Wet wipes
- Deodorant
- Personal medication for length of stay
- Sunscreen
- Insect repellent
- Razor/shaving cream

Miscellaneous

- Bible
- Travel clock
- Fanny pack/backpack
- Spending money
- Water bottle
- Sunglasses
- 1 or 2 wire hangers (for hanging towels etc)

Personal Items

- Towels/washcloths
- Chargers for electronic equipment

- **Pack light storage space is limited**
- Many volunteers bring just two pairs of pants for the week (one clean, one dirty)
- **AND MOST IMPORTANT YOUR RELEASE FORMS.**

What Not to Bring

- Tents
- Tools (pocket knife or “leatherman” type multi-tools are acceptable)
- Alcohol
- No weapons



Important: The work teams will be coming to a relatively warm climate in an area that has severe hurricane or tornado damage. Please note, however, as you gather supplies based on the following list, you may need to modify some items as the weather cools. True winter on the Gulf Coast is chilly and feels cold because of the proximity of the ocean. Thunderstorms and heavy showers occur all year round, so you may be very happy that you packed your rain gear.

Please check the weather before we leave and adjust accordingly.